

Managing Diabetes Costs



“Tracking my blood sugar regularly is an important part of managing my type 2 diabetes. How wonderful it would be to properly monitor my blood sugar levels every day without the need for a prescription and co-pays to obtain new test strips.”

~ Dolly - type 2 diabetes

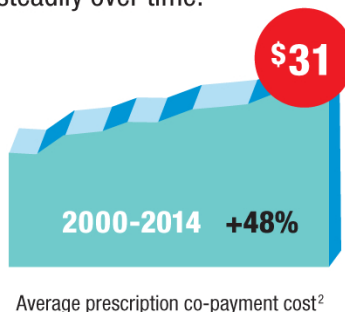


Healthcare costs are increasing for Americans¹

In 2014, 13 percent of insured adults spent **10 percent** or more of their income on out-of-pocket medical costs (not including premiums).¹



Co-pays have been increasing steadily over time.



23 percent of adults with insurance said it was “very difficult/impossible” or “somewhat difficult” to afford co-payments or co-insurance

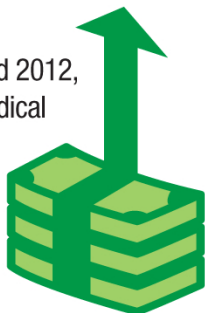


when they visited a doctor or clinic, or filled a prescription.¹

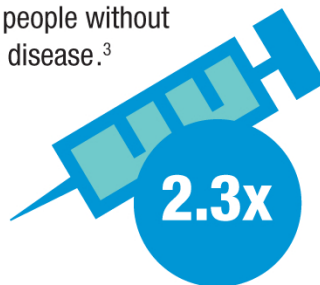
The cost of diabetes is rising and impacting healthcare decisions

People with diagnosed diabetes spend about **\$7,900** per year on the disease.

Between 2007 and 2012, the direct U.S. medical costs for diabetes rose from \$116 billion to \$176 billion.³



The medical cost of people with diabetes are about **2.3 times higher** than for people without the disease.³

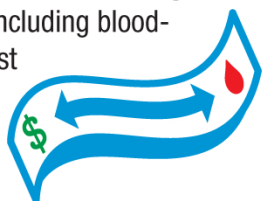


In 2012, 16.7% of people with two or more chronic conditions delayed care due to cost.⁴



For many people with diabetes, daily blood glucose monitoring is important to help avoid potentially serious complications of the disease⁵

Many people with diabetes don't test their blood glucose as frequently as they should, due partly to the cost of testing supplies, including blood-glucose test strips.⁶



Every year, insulin users spend an average of **\$772** each for prescription blood-glucose testing strips and supplies.⁷



Over a one-year period, about 18 percent of people* paid **\$40 or more** for each blood-glucose test strip prescription.⁸



1. The Commonwealth Fund Healthcare Affordability Tracking Survey, September-October 2014

2. Kaiser/HRET Survey of Employer-Sponsored Health Benefits, 2000-2014, p. 169

3. <http://www.diabetes.org/advocacy/news-events/cost-of-diabetes.html> Economic Costs of Diabetes in the U.S. in 2012, commissioned by the Association Diabetes Association

4. <http://healthmeasures.aspe.hhs.gov/measure/7>

5. <http://www.diabetesaustralia.com.au/Living-with-Diabetes/Type-1-Diabetes/Managing-Type-1-Diabetes/Blood-Glucose-Monitoring/> Accessed July 26, 2013

6. Karler AL, et al. Diabetes Care. Self-monitoring of blood glucose: language and financial barriers in a managed care population with diabetes. 2000;Apr;23(4):477-83.

7. <http://www.ncbi.nlm.nih.gov/pubmed/22235952>

8. IMS Health. OOP Analysis for Diabetes Test Strip Market. Jan 2013-Sept 2014.

* Commercially insured patients and those paying cash

Abbott has developed solutions for people who are looking for more affordable diabetes testing supplies. For more information, visit www.myfreestyle.com

